



Hospitality and Catering

# Weights and measures

## Lesson 4

Become trained in the legal and job role requirements of working in a bar by completing the weights and measures course





# Packaged deliveries

All packaged food deliveries will display a weight of the product.

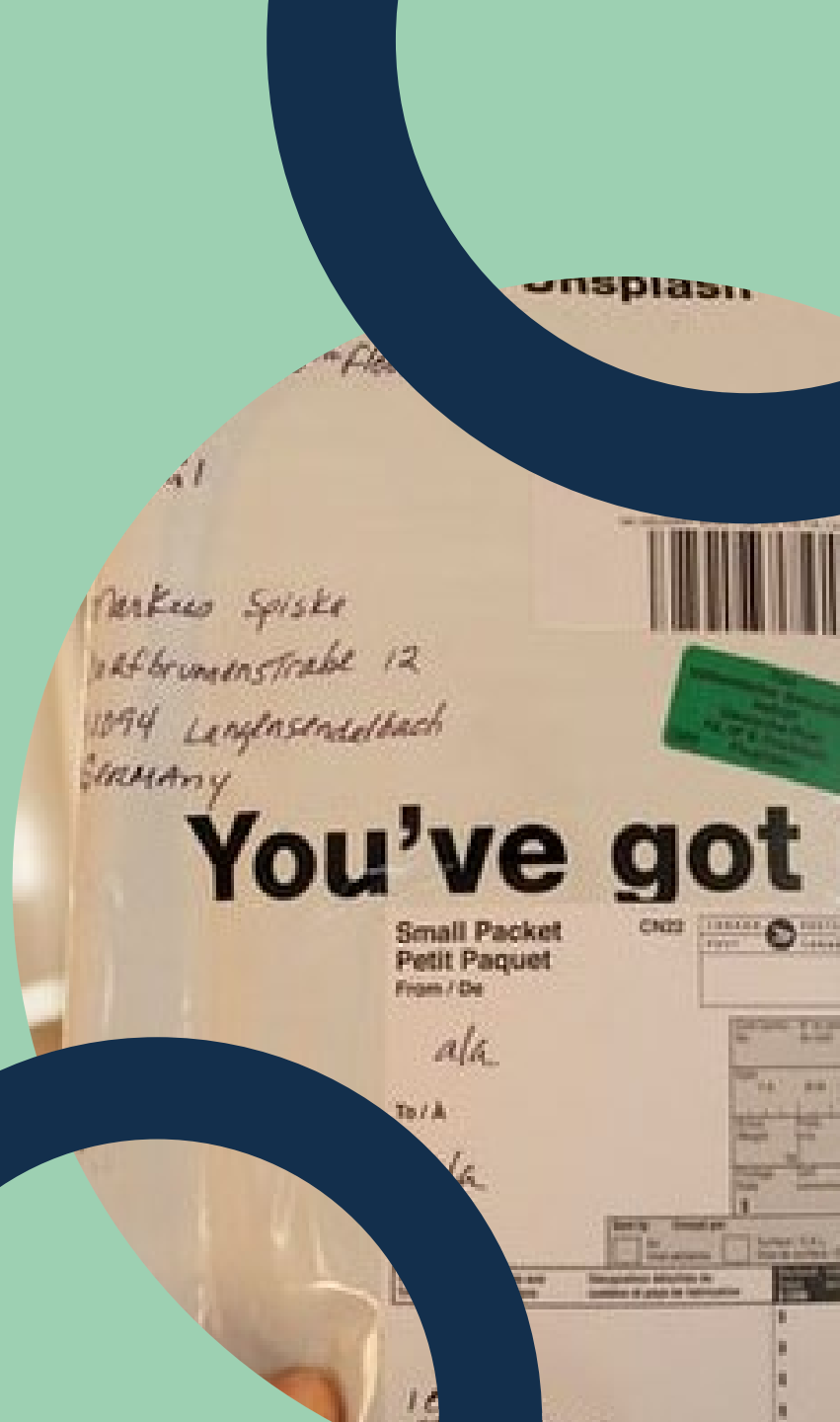
This is the weight of the product only and does not include the packaging weight.





# Packaging law

Suppliers are legally bound to weigh and label all their products.





# Packaging law

They follow 'packers rules', you can trust that the weight will be correct from trusted suppliers.





# Measuring products

In a kitchen we can use domestic scales to measure recipes.

If you are selling packaged goods then you must use a legally recognised set of scales.





# Accepting deliveries

Even though suppliers follow legal rules for packaging we must still check the delivery for quality and quantity.





# Pre-packed products

All pre-packaged products will come with legal labelling on weights.

If the product needs to be cooked it will also show recommend cooking guidelines to follow.







# Pre-packaged food

This includes food that is prepared and packed on site and then offered for sale.

- Sandwiches
- Salads
- Snacks







# Labelling packaged food

It is not as easy as making a sandwich,  
wrapping it in cling film and selling it.

We must include a lot of information on  
the label to comply with the law.





# Labelling packaged food

- Name of the food and country of origin
- Best-before or use-by date
- Net quantity - weight
- Any required warnings e.g. allergens
- Ingredients with quantitative declaration
- Storage conditions
- Nutritional declarations
- Preparation instructions
- Name and address of manufacturer





# General cooking and food preparation

Accuracy is very important when weighing ingredients and helps chefs to produce consistent products every time. Different chefs or cooks can then produce the same dish.



# Why is accuracy important in the food industry?

Accurate use of weight and measures help buyers and suppliers in the food industry manage their costs and track their expenses



# **Revision Activity 4**

**What should be included  
on the labelling of  
packaged food?**