



Hospitality and Catering.

# Bar licensing

## Lesson 3

Become competent in bar licensing in the hospitality and catering industry when completing this course.





# Legal definition of alcohol

Any drink intended for consumption over 0.5% alcohol by volume (abv).





# Supply of alcohol

Sale by retail or supply of alcohol in a premise to a customer.





# Measuring alcohol

The idea of counting alcohol units was first introduced in the UK in 1987 to help people keep track of their drinking.





# Measuring alcohol

One unit equals 10ml or 8g of pure alcohol, which is around the amount of alcohol the average adult can process in an hour.





# How is alcohol measured

Alcohol by volume (abbreviated as ABV, abv, or alc/vol) is a standard measure of how much alcohol is contained in a given volume of an alcoholic beverage (expressed as a volume percent).





# How is alcohol measured

It is defined as the number of millilitres (ml) of pure ethanol present in 100 ml





# Measuring alcohol free and low alcohol drinks

Alcohol-free' drink must be 0.05% ABV or below.

Low alcohol – product must be 1.2% ABV or below.

Low alcohol (no more than 1.2% ABV), alcohol free (no more than 0.05% ABV).







# Safe drinking advice

The Chief Medical Officers' guideline for both men and women states that: To keep health risks from alcohol to a low level it is safest not to drink more than 14 units a week on a regular basis.





# Safe drinking advice

If you regularly drink as much as 14 units per week, it's best to spread your drinking evenly over three or more days.





# Intoxication - drunkenness

Alcohol intoxication is the negative health effects of drinking too much and can become a medical emergency.

Alcohol is a drug.





# Effects of alcohol on the body

Organs known to be damaged by long-term alcohol misuse include the brain and nervous system, heart, liver and pancreas.





# Revision Activity 3

**What % ABV must  
alcohol free drinks be?**