



Hospitality and Catering.

Bar licensing Lesson 3

Become competent in bar licensing in the hospitality and catering industry when completing this course.





Legal definition of alcohol

Any drink intended for consumption over 0.5% alcohol by volume (abv).





Supply of alcohol

Sale by retail or supply of alcohol in a premise to a customer.





Measuring alcohol

The idea of counting alcohol units was first introduced in the UK in 1987 to help people keep track of their drinking.





Measuring alcohol

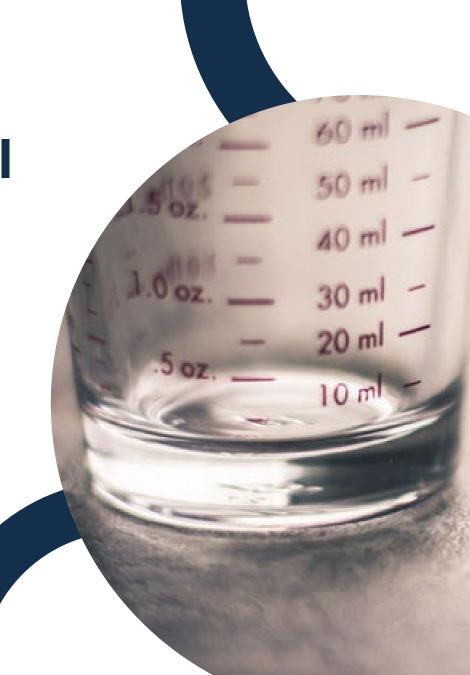
One unit equals 10ml or 8g of pure alcohol, which is around the amount of alcohol the average adult can process in an hour.





How is alcohol measured

Alcohol by volume (abbreviated as ABV, abv, or alc/vol) is a standard measure of how much alcohol is contained in a given volume of an alcoholic beverage (expressed as a volume percent).





How is alcohol measured

It is defined as the number of millilitres (ml) of pure ethanol present in 100 ml





Measuring alcohol free and low alcohol drinks

Alcohol-free' drink must be 0.05% ABV or below.

Low alcohol – product must be 1.2% ABV or below.

Low alcohol (no more than 1.2% ABV), alcohol free (no more than 0.05% ABV).





Safe drinking advice

The Chief Medical Officers' guideline for both men and women states that: To keep health risks from alcohol to a low level it is safest not to drink more than 14 units a week on a regular basis.





Safe drinking advice

If you regularly drink as much as 14 units per week, it's best to spread your drinking evenly over three or more days.





Intoxication - drunkenness

Alcohol intoxication is the negative health effects of drinking too much and can become a medical emergency.

Alcohol is a drug.





Effects of alcohol on the body

Organs known to be damaged by long-term alcohol misuse include the brain and nervous system, heart, liver and pancreas.





Revision Activity 3

What % ABV must alcohol free drinks be?