



Communication and teamwork

Lesson 1

Gain excellent communication and teamwork skills by undertaking this course.





Learning objectives

- Understand forms of verbal and written communication
- Recognise the importance of body language in relation to communication
- Identify legislation relevant to communication in the workplace
- State the different types of discrimination and importance of recognising differences
- Describe how to meet staff's needs at work





Learning objectives

- Define types of teams working together in the hospitality and catering industry
- Understand the importance of feedback and how it is achieved successfully
- State how team meetings can improve teamwork
- Describe how to show respect for someone
- Identify how to resolve conflict effectively





Learning objectives

- Summarise informal and formal methods of giving praise
- Recognise what problems and information should be reported to management
- Define the benefits of good communication between staff and management
- Summarise how to meet customer's needs
- Understand how to deal with customer complaints and aggressive customers





What is communication?

The sharing of information by speaking, writing or using some other medium e.g. emails or telephone.





Verbal communication?

Face to face – keep good eye contact

Telephone

• Webinars – Zoom, Skype

You can effect this by using different tones and pitch of your voice.





Greetings

Always use Sir or Madam.

Remember and use customer names.

Use work place appropriate greetings.





Written communication

- Texts
- Emails
- Letters

You can express a friendly tone in your words.





Written greetings

Dear Sir, Madam or customer name.

Always end with a kind message:

 Sincerely, regards, looking forward to meeting you.





Body language

How you move and hold your bodies can tell people a lot about who you are.

Making an effort to keep the body relaxed and open is key to helping people feel comfortable and safe.





Open body language

No folding arms, arms should be open.

No fist clenching.

No pointing.





Revision Activity 1

What forms of body language should you avoid?