



Hospitality and Catering

# Kitchen area cleaning

## Lesson 1

Learn how to become an expert at keeping the kitchen area clean in a hospitality and catering environment.





# Learning Objectives

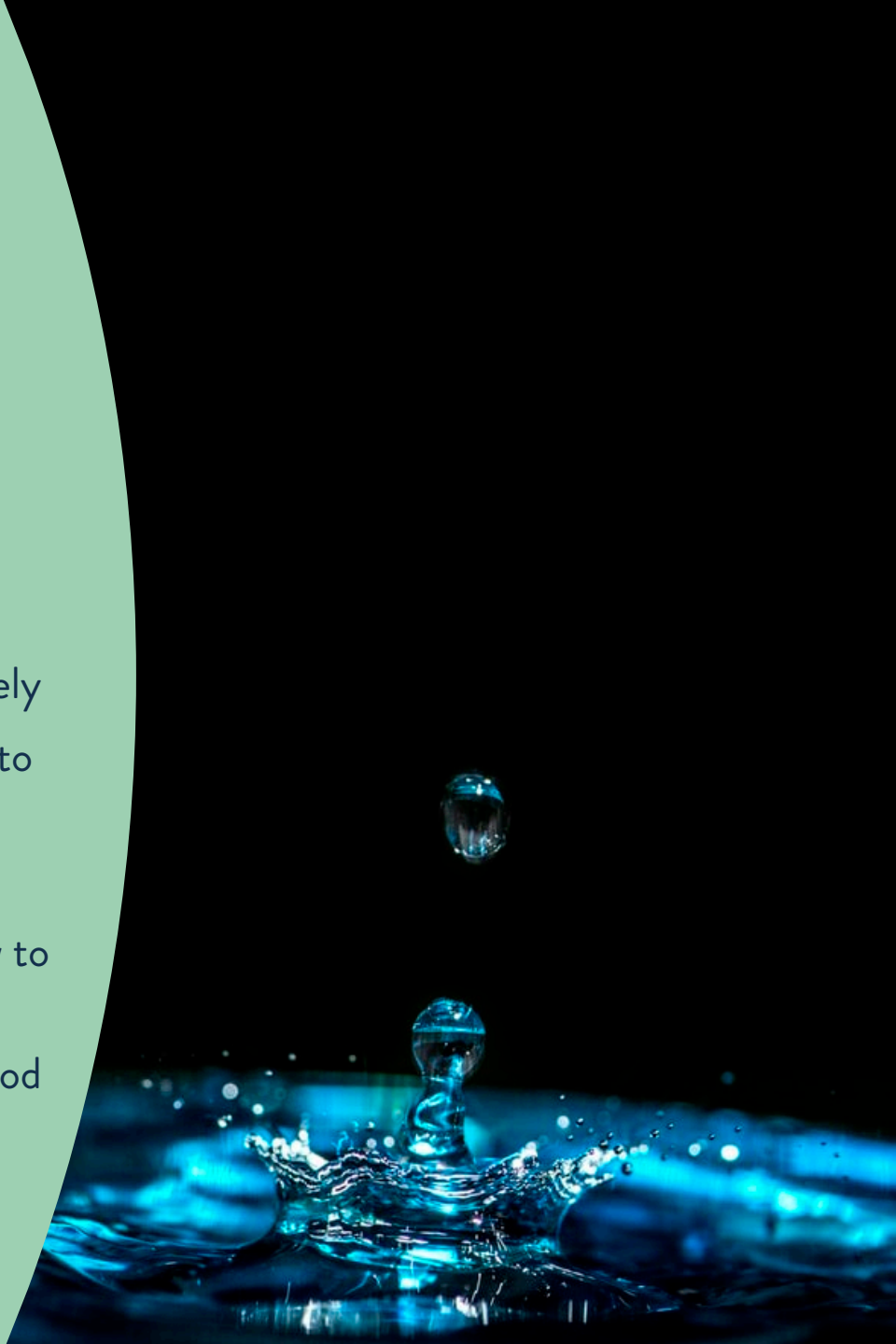
- Explain the basics of COSHH
- Recognise the correct PPE required for cleaning
- Understand how to handle dangerous chemicals safely
- Outline how to clean ovens safely
- State the importance of a cleaning rota and cleaning sign off sheets
- Identify why workflow and kitchen design has an influence on hygiene





# Learning Objectives

- Summarise how to empty and clean waste bins safely
- Define how to clean work surfaces effectively
- Describe how to store food safely and how to rotate food correctly
- List the types of food contamination
- Recognise signs of pest infestation and how to prevent an infestation
- Explain the role of an EHO in regards to food hygiene





# Health and safety at work

There are legal requirements for keeping kitchens clean.

These requirements will keep staff and customers safe.





# COSHH

Control of Substances that are Hazardous to Health (COSHH).

This is the legislation that informs people how to store and use dangerous cleaning materials like bleach and other chemicals.





# COSHH

All cleaning materials should be stored in a separate, secure place away from food areas.





# COSHH

Chemicals and cleaning agents should be stored in locked areas in case of accidents.

Chemicals can contaminate food.





# How do I know if a cleaning product is harmful?

The law states that all cleaning products that are harmful must be labelled with a warning.







# How do I know if a cleaning product is harmful ?

Risk assessment sheets will highlight how to use cleaning products safely e.g. wearing gloves when using bleach.





# Protective clothing - PPE

You should be wearing kitchen uniforms that protect you from harm.

When cleaning you should also be aware that you might need to wear extra PPE.





# Extra PPE

Plastic aprons – protect from sprays and splashes.

Eye goggles – protect from spray and splashes.





# Extra PPE

Rubber gloves – protect skin from dangerous liquids.

Face masks – prevent breathing in droplets.





# Revision Activity 1

**What does the letters  
COSHH stand for?**