



#### Hospitality and Catering

### Producing **poultry dishes**

#### Lesson 5

Understand how to safely prepare, handle, cook, store and serve poultry dishes in a safe manner.



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#### Developing flavour

A marinade is a combination of flavours and oil that is brushed onto poultry before cooking. The earlier the marinade is applied

before cooking the deeper the flavour.



### Garnishing

Using the correct sauce for the dish is an important part of serving food to the customer. Because poultry can be bland and dry, garnishing and adding an accompaniment can help to finish a dish.





#### Gravies

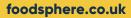
Made using the juices caught in the roasting dish whilst roasting poultry. This keeps the juices and flavours that can be lost in cooking.





#### Gravies

Gravies can be made fresh – Jus Roti or made with instant granules using the juices for extra flavour.







### **Roasted poultry**

Poultry is also served with accompaniments that compliment the dry bland flavour.

Cranberries for Turkey. Watercress for roast chicken.





#### Other accompaniments

Different flavours of mustard are also popular.

Stuffing's made with bread and other meats for flavour are served to absorb the cooking juices.





# Sauces and dressings

For spicy based grilled and deep- fried dishes, tomato ketchup and mayonnaise-based sauces are popular as well as other salad type dressings.





#### **Herbs**

# Chicken is bland, herbs can enhance the flavour.

- Parsley roast chicken and for general purposes
- Tarragon French based stews
- Coriander Curries
- Chives cold salads
- Basil pasta dishes



# **Revision Activity 5**

## What accompaniments can be served with a poultry dish?